**Lesson Structure for Lenten Study Sessions**

1. Begin with Prayer. Use Some or all of the Lenten Prayers for 2022.
2. Ask: WHAT NOW?
3. For weeks 2 – 6, review the prior week’s discoveries and insights. Use these to introduce the new focus.
4. Answer with the Question of the Week:
   1. Week 1: What does it look like now?
   2. Week 2: What does it say and do now?
   3. Week 3: Where is it found now?
   4. Week 4: How do I/we respond now?
   5. Week 5: What’s my journey now?
   6. Week 6 (and into Easter): What’s our journey now?
5. Each week has one or more key readings. For EACH reading:
   1. Ask What Now?
   2. Answer with the Question of the Week.
   3. Read the reading using the question of the week
   4. If there is an activity with the reading, complete the activity BEFORE moving to next reading.
   5. If there is a reflection, response, and prayer, complete those BEFORE moving on to the next reading.
   6. Go to next reading (this can be broken into a reading a day if the readings are long or there are multiple articles).
6. Complete any other activities, including the note chart for that week.
7. End with prayers (from: Lenten Prayers for 2022, Confession and/or Prayer of St. Francis)
8. End with: As we go into the week, be sure to revisit the readings and respond on the note chart.

**NOTE:**

* **The note chart is a working document that participants will revise as they learn, grow, and observe.**
* **Carry the Lenten Prayers for 2022, Confession, and Prayer of St. Francis with you and pray these when needed. Consider praying one in the morning, one at noon, and one in the evening.**